

First Year Career Plan

Your Step-By-Step Guide to Career Planning Success

1. Know Yourself

- Take the Focus 2 Career Assessment via Handshake to learn how your values, interests, personality, and skills align with UCR majors.
- Talk to your academic advisor

2. Build Your Resume

- Review sample resumes at careers.ucr.edu
- Attend Resume Writing workshop or drop-ins, check schedule at careers.ucr.edu
- Check your resume on Quinnia



3. Career Exploration

- Review the ONET Online website
- Conduct informational interviews with alumni who work in your desired career field.
- Review the 'What Can I Do With This Major' Resource

4. Connect w/ Campus

- Join student organizations, explore clubs at highlanderlink.ucr.edu
- Attend Career Center events, such as career fairs, register at careers.ucr.edu/events
- Participate in volunteer and research opportunities

Your first year is opportunity to learn more about yourself through experiences, getting involved on-campus, and identifying a career plan that aligns with your professional goals.