

# First Year Career Plan

Your Step-By-Step Guide to Career Planning Success

## 1. Know Yourself

- ☐ Take the Focus 2 Career Assessment via Handshake to learn how your values, interests, personality, and skills align with UCR majors.
- ☐ Talk to your academic advisor

## 2. Build Your Resume

- ☐ Review sample resumes at [careers.ucr.edu](https://careers.ucr.edu)
- ☐ Attend Resume Writing workshop or drop-ins, check schedule at [careers.ucr.edu](https://careers.ucr.edu)
- ☐ Check your resume on Quinnia

## 3. Career Exploration

- ☐ Review the ONET Online website
- ☐ Conduct informational interviews with alumni who work in your desired career field.
- ☐ Review 'What Can I Do With This Major' Resource on Handshake.

## 4. Connect w/ Campus

- ☐ Join student organizations, explore clubs at [highlanderlink.ucr.edu](https://highlanderlink.ucr.edu)
- ☐ Attend Career Center events, such as career fairs, register at [careers.ucr.edu/events](https://careers.ucr.edu/events)
- ☐ Participate in volunteer and research opportunities



Your first year is opportunity to learn more about yourself through experiences, getting involved on-campus, and identifying a career plan that aligns with your professional goals.