First Year Career Plan

Your Step-By-Step Guide to Career Planning Success

	1. Know Yourself
	Take the Focus 2 Career Assessment via Handshake to learn how your values, interests, personality, and skills align with UCR majors. Talk to your academic advisor
	2. Build Your Resume
	Review sample resumes at careers.ucr.edu
	Attend Resume Writing workshop or drop-ins, check schedule at careers.ucr.edu
	Check your resume on Quinncia
	3. Career Exploration
П	Review the ONET Online website
	Conduct informational interviews with alumni who work in your desired career field.
П	Review 'What Can I Do With This Major' Resource on Handshake.
	manusmake.
	4. Connect w/ Campus
	Join student organizations, explore clubs at highlanderlink.ucr.edu
	Attend Career Center events, such as career fairs, register at careers.ucr.edu/events
	Participate in volunteer and research opportunities



Your first year is opportunity to learn more about yourself through experiences, getting involved oncampus, and identifying a career plan that aligns with your professional goals.













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Second Year Career Plan

Your Step-By-Step Guide to Career Planning Success

1. Career Exploration
Review the ONET Online website
Conduct informational interviews with alumni who work in your desired career field.
Review 'What Can I Do With This Major' Resource of Handshake.
Take a career assessment test (Focus 2, etc.)
2. Tailor Your Resume
Create a Resume Review appointment with your career specialist via Handshake
Upload your resume to Handshake (make sure you selected to have it visible for employers to view)
Focus on tailoring your resume and bullet points to your desired field, visit drop-ins for more assistant
3. Mock Interviews
Schedule a mock interview career counseling appointment with your career specialist
Practice your interview skills through Mock Interviews with the Peer Advisors
4. Gain Experience
Explore summer leadership academies, study abroad, internships, UCDC, UResearch Portal for opportunities.
Use the job and internship databases: Handshake, InternXL, ParkerDewey
Volunteer with intention, and complete service hours that align with your career goals
Explore Career Center events through Handshake



Your sophomore year is a great time to reflect on your past experiences to determine where you would like to go next. It is time to explore career options within your major, identify experiences to enhance your skills and improve your resume writing and interviewing strategies.









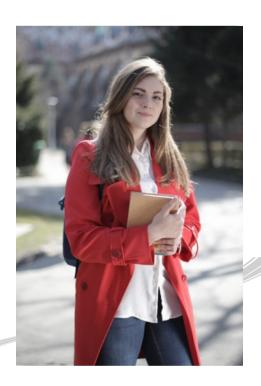




Third Year Career Plan

Your Step-By-Step Guide to Career Planning Success

1. Internship Search
Use the job/internship database in your UCR Handshake Account and other platforms (LinkedIn, etc.). Apply for summer internships starting the Fall quarter. Find local companies/organizations to intern locally during the school year.
2. Expand Network
Connect with faculty, staff, advisors, career specialists, family, and friends and share your career goals.
Conduct informational interviews with recruiters and alumni who work in your desired companies. Attend Career Fairs, Campus Events, Employer Information Sessions, Panels, and Interviews.
3. Career Management
Reflect on location preferences, salary expectations, functional area, industry, and career plan.
Conduct informational interviews with recent alumni and seasoned professionals in your desired career field to gain insight on career pathways and expectations.
Attend Career Center workshops (Ace the Interview, Resume Writing, etc.) or look over them through the Career Center website
Check the Graduate/Professional Schools handout if interested in applying



Your junior year of college can serve as a building block for your career. Meet professionals in your field, gain experience, and practice your job search skills!













Senior Year Career Plan

Your Step-By-Step Guide to Career Planning Success

	1.Job Search
	Use job databases such as Handshake, LinkedIn Jobs, Indeed, GovernmentJobs, CalCareers.gov Apply for full-time jobs starting the Fall quarter.
	Find local companies/organizations to intern locally during the school year.
	2. Expand Network
	Connect with faculty, staff, advisors, career specialists, family, and friends and share your career goals.
	Conduct informational interviews with recruiters and alumni who work in your desired companies.
	Attend Career Fairs, Campus Events, Employer
Ш	Information Sessions, Panels, and Interviews.
	3. Career Management
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	Reflect on location preferences, salary expectations, functional area, industry, and career plan. Conduct informational interviews with recent alumni and seasoned professionals in your desired career field to gain insight on career pathways and



Your senior year – you are officially transitioning from a student to a professional, and there are steps to making a seamless transition.













Transfer Student Career Plan

Your Step-By-Step Guide to Career Planning Success

As a transfer student, it is important to build relationships, gain experience, and prepare for your future career success.



1. Build Your Resume Review sample resumes at careers.ucr.edu Attend Resume Writing workshop Check your resume on Quinncia Internship Search Use the internship database in your UCR Handshake Account or other platforms (LinkedIn, etc.). Apply for summer internships starting the Fall quarter. Find local companies/organizations to intern locally during the school year. 3. Mock Interviews Schedule a mock interview career counseling appointment with your career specialist Practice your interview skills through Mock Interviews with the Peer Advisors













