# Third Year Career Plan Step-by-Step Guide

Careers.ucr.edu (951)827-3631

CONNECT. INSPIRE. EMPOWER.



# Agenda

- Gain experience
- Polish interviewing skills
- Network and build relationships
- Research graduate & professional schools









Self-Development

## What You'll Learn Today

## At the end of this workshop, you will be able to...







Describe different opportunities to gain experience Identify how to build your interviewing skills

List what to consider when thinking about graduate or professional school





# **Gain Experience**



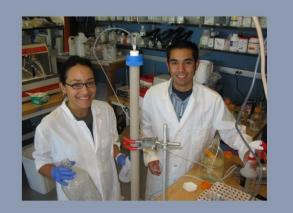
# Gain experience

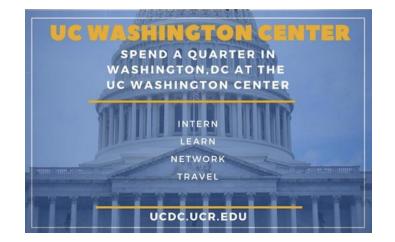
Undergraduate Research Portal and Opportunities

#### uResearch Portal

The uResearch Portal is a one-stop shop for students to find opportunities to participate in faculty-mentored research, scholarship, and creative activities. The portal also allows faculty to advertise, track, manage applications, and select students for research roles. All disciplines are represented and opportunities come in a combination of options for students to get course credit, be paid, and/or gain volunteer experience.

GO TO THE PORTAL











**Career Center** 

# Polish Your Interviewing Skills



# Polish your interviewing skills

## **Get started**

Attend the Ace the Interview and Interviewing for Introverts workshops

## Take it to the next level

Practice your interviewing using StandOut Make an appointment with your Career Specialist to

- Get feedback
- Practice questions
- Go over logistics of interviews







# Network & Build Relationships

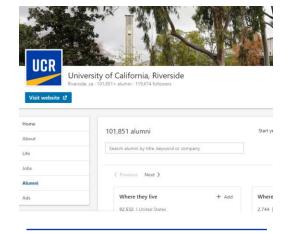


## **Network and build relationships**



#### **Your network**

Talk to everyone – fellow students, faculty, friends, and family! You never know how you'll find the next opportunity!



### LinkedIn

See alumni career paths, conduct informational interviews, and build your network



#### **Career Center**

Attend workshops, information sessions, and career fairs



# Research Graduate/Professional Schools



## **Research graduate and professional schools**

**Research career options** Is graduate or professional school required?

## **Use Career Center resources**

Attend the To Be or Not To Be: Graduate & Professional School Edition workshop Attend the Graduate & Professional School Information Day Fair and Law School Information Day Fair

## **Research programs and prepare**

Learn about admissions requirements, entrance exams, personal statements, and letters of recommendation Take advantage of the Academic Resource Center for help with statements and exams











# location

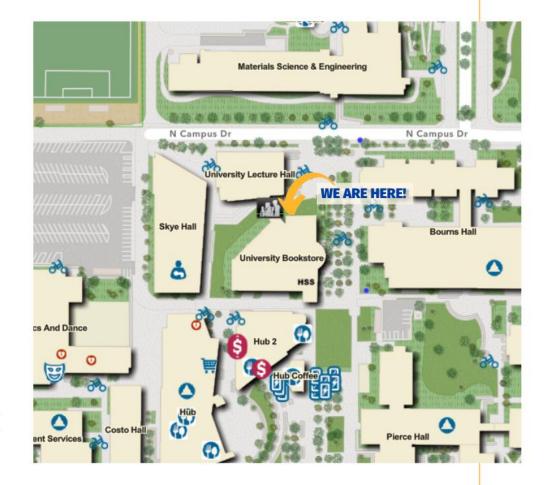
ENTRANCE IS BETWEEN UNIVERSITY LECTURE HALL AND SKYE HALL, UNDERNEATH THE UCR BOOKSTORE

hours

MONDAY - FRIDAY: 8 AM TO 5 PM EXCEPT WEDNESDAY: 9 AM TO 5 PM



SPECIFIC TIMES ARE LOCATED ON WEBSITE HOME PAGE (SCROLL DOWN TO SEE)



## CAREERS.UCR.EDU

drop-in hours

(951) 827 - 3631



# connect with us!







INSPIRE

