Family Game Plan
UCR Career Center
The Key to Your Student’s Future
FRESHMEN GAME PLAN
Agenda

• Icebreaker

• Fact or Myth Activity

• Career Center Services

• Career Center/Family Message
At age 18, you were...

Turn to your neighbor and ask them the following questions

1. At age 18, at what point were you in the career decision making process?
2. What resources did you look for to help you with that process?
You are one of the most important sources of career information for your students.

"Your work is going to fill a large part of your life, and the only way to be truly satisfied is to do what you believe is great work. And the only way to do great work is to love what you do. If you haven’t found it yet, keep looking. Don’t settle. As with all matters of the heart, you’ll know when you find it."

(Steve Jobs)
Fact or Myth # 1

A degree in biology, chemistry, or another science is your student’s only preparation for medical school.

Myth
According to data from the Association of American Medical Colleges only 51 percent of students who enrolled in medical school in 2012 majored in biological sciences. That means the remaining medical school matriculants majored in humanities, math or statistics, physical sciences, social sciences or specialized health sciences.

Fact or Myth # 2

Making a decision on a major as soon as possible helps students focus on studies and makes their college experience more satisfying.

Myth
Fact

Early major choice is associated with:
• More frequent major change

80% of students change their major at least once, on average at least three times over the course of their college career.

Major exploration can lead to:
• Knowledge of all the options
• Identifying a major that fits interests and skills

-National Center for Education Statistics, 2013
Fact or Myth # 3

Specific training and experience in one’s chosen field are the most important variables in finding a job after graduation.

Myth
# Fact

## NACE Job Outlook 2015: Top 10 qualities/skills

<table>
<thead>
<tr>
<th>1. Leadership</th>
<th>6. Analytical Skills</th>
</tr>
</thead>
<tbody>
<tr>
<td>2. Ability to work in a team</td>
<td>7. Technical Skills</td>
</tr>
<tr>
<td>3. Communication Skills (Written)</td>
<td>8. Communication Skills (Verbal)</td>
</tr>
<tr>
<td>5. Work Ethic</td>
<td>10. Computer Skills</td>
</tr>
</tbody>
</table>
Fact or Myth # 4

Internships are a great way to gain real world experience and often lead to job offers.

Fact
Fact

**More Internships Completed**
By the graduating class of 2013

- **67%** Completed 1 internship
- **32%** Completed 2+ internships

6% increase from 2012
14% increase from 2012

**Why Students Intern**
Top reasons students completed internships in 2013

1. Work experience
2. Add skills to resume
3. Potential for full-time employment
4. Making new contacts
5. Compensation

Sources: Internships.com, 2013 Employer Survey, 2013 Student Survey
Internships in 2014
The growth continues

Employer demand is up
Companies are hiring more interns

2013
48% hired more interns

2014
56% plan to hire more interns
62% plan to implement a more structured internship program

Why employers hire interns
What are the main reasons why companies are hiring interns

LARGE companies
73% To find full-time employees

SMALL companies
73% To find part-time help with projects

Who gets hired
What employers value most when hiring an intern

1. Interview performance
2. Relevant internships / experience
3. High academic performance
4. Strong resume / cover letter
5. Recommendations / references
6. Attendance at preferred schools

Large companies = more than 100 employees
Small companies = less than 50 employees
# Career Center Services

<table>
<thead>
<tr>
<th>Counseling</th>
<th>Networking/Online</th>
</tr>
</thead>
<tbody>
<tr>
<td>Career Planning/Assessments</td>
<td>Employer Panels &amp; Networking</td>
</tr>
<tr>
<td>Skill Building Workshops</td>
<td>Career Fairs</td>
</tr>
<tr>
<td>Graduate School Planning</td>
<td>On-Campus Interviews</td>
</tr>
<tr>
<td>Resume/Interview Preparation</td>
<td>Online Job &amp; Internship Resources</td>
</tr>
</tbody>
</table>

*Career Center Services*
<table>
<thead>
<tr>
<th>Year</th>
<th>Message</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Year</td>
<td>Resume, Campus Involvement and Major Exploration</td>
</tr>
<tr>
<td>2nd Year</td>
<td>Networking and Interview Skills</td>
</tr>
<tr>
<td>3rd Year</td>
<td>Career Fairs, Internships and Graduate School Planning</td>
</tr>
<tr>
<td>4th/5th Year</td>
<td>Career Fairs and On-Campus Interview Program</td>
</tr>
</tbody>
</table>
Parents

Home

Who Are You?
Students | Graduate Students | Employers | Alumni | Staff & Faculty | Parents & Family

Employer Resources
Career Fairs for Employers
Alliance Partners
Student Jobs and Internships
Job Search Strategies
Career Planning
Career Fairs and Workshops for Students
Virtual Career Center
Preparing for Graduate & Professional Schools
About Us

Support Your Students’ Career Goals
We know that you want your students to make wise decisions, especially when it comes to choosing a major and selecting a career path. Our counselors, resources and events help students make the best choices as they plan for the future. Explore our programs and encourage them to take advantage of our services.

UCR Highlander Family Orientation Presentation
Career questions you should ask your student.
Parent Message

1st Year

Have you visited the Career Center?

Get involved on campus to explore your interests.

How are you doing in your classes?
First Year-Senior Career Plan

CAREER PLAN SERIES
Map Your Career Plan For Success!

Want Success? Follow The Career Plan.
Follow these year-to-year checklists all the way to your ideal career. We can help you make the right academic choices, choose the best work experience and access the Career Center services that will help you get there.

For college-specific career plans, please see College Liaison Programs.

Download Your Career Plan:
Questions?
Where Can You Find Us?

Veitch Student Center

Materials Science & Engineering

Bourns College of Engineering

HUB

Drop-Ins
M-Th: 10am-3pm
F: 10am-12pm
Appointments: 951-827-3631

M-Th: 10am-3pm
F: 10am-12pm
Appointments: 951-827-3631
Thank You!