Welcome to UCR! The Career Center is here to help you from your first year to your last, and beyond. We want your years at UCR to be the best preparation and experience you have in setting yourself up for success. You will find here a simple and doable checklist of items we want you to cover your first year to be well on your way to that success. On the other side of this page, you will find Career Center and Campus Resources that will help you accomplish these tasks.

**PERSPECTIVE**
Getting ready. That’s what you need to keep in mind as you start your college experience. You’re getting ready to explore and put to the test the various answers you’ve entertained over the years to that one question: what are you going to do when you grow up? And if you’ve never been asked that question, then it’s time to ask it.

**RESUME**
The purpose of a resume is to market your education, accomplishments, and skills—it’s not too early to have one written your first year. You’ll need it for on-campus jobs, other part-time jobs, internships, networking, graduate schools, study-abroad, as well as other opportunities. The resume can also serve as visual reminder and roadmap of what you need to “collect” in the next four years before you transition out of college. Remember, it takes only one line to write your degree accomplishment on your resume—you’re going to have to fill the rest of your resume up with something, so your first year is the right time to have one started.

**CHOOSING A MAJOR**
Did you know that there are over 65 undergraduate majors to choose from at UCR? How did you decide on your major? Whether you are undeclared, happy with your major, unhappy with your major, unsure of whether you’ve made the right decision regarding your major, it is important to give your choice of major some thoughtful consideration.

**EXPLORING CAREERS**
Have you given thought to what goes into choosing a career path? Perhaps you’re sticking to your line that you’ve given since you were 5 years old about what you want to be when you grow up, or perhaps you have parents, cousins, or older siblings that have influenced your thoughts. Or maybe you really just don’t know where to begin. Career choice begins by looking at who you are—the things that interest you, the skills you have a propensity for, the issues that tug at your heart, the topics you find intellectually stimulating, and the values and principles you were brought up with or are developing.

**CAREER CENTER & CAMPUS RESOURCES**
The following items are tools you can use and action steps you can take to accomplish your First Year goals.

**PERSPECTIVE**
- Peer show - www.youtube.com/ucrcareercenter

**RESUME**
- Look at samples resumes to get started: A to Z of Resumes section on our website
- Attend a Resume Writing Workshop
- Utilize Resume Builder (in ScotLink)
- Have your resume critiqued either at drop-in or at a Resume Critiques session
- Upload final resume into ScotLink
- Keep updated it as you gain new experiences

**CHOOSING A MAJOR**
- Attend a Choosing a Major workshop
- Consider taking the Strong Interest Inventory; talk to career counselor regarding this option
- Research UCR Undergraduate major here (link: http://www.ucr.edu/academics/colleges.html) and check out the UCR Catalog here (link: http://www.catalog.ucr.edu/)
- Talk to your academic advisor

**EXPLORING CAREERS**
- Try taking the free assessment, TypeFocus. Login to ScotLink at www.careers.ucr.edu to access TypeFocus
- Pick up a Career Center calendar and circle Information Sessions, Career Fairs, and Job Discovery Week. Attend as many as you can so that you increase your exposure to different careers.
- Choose a student organization and get involved
- Participate as volunteer and become engaged in your community of interest